

# Mental Health First Aid USA



MENTAL  
HEALTH  
FIRST AID®

## Certificate

has completed the 8-hour course and is now certified in

# Mental Health First Aid USA

And has been trained to provide initial help to people experiencing mental health problems such as depression, anxiety disorders, psychosis and substance use disorders.

This certificate became effective on: \_\_\_\_\_  
Date

This certificate expires on: \_\_\_\_\_  
Date

Instructor

Instructor



Mental Health First Aid USA is operated by the National Council for Behavioral Health in partnership with the Missouri Department of Mental Health.